

# SAINTS

WITNESSES  
TO THE  
LOVE OF GOD

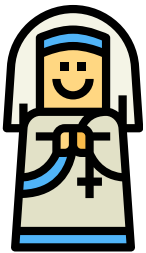
We are very fortunate to have a long list of saints in the Catholic Church who provide examples of what it is to live an exemplary Christian life. The many different saints provide stories of people who didn't always make the right decision, didn't always take the right path but were able to keep focused on God and the importance of living a life that is faithful to the Gospel message.



"SAINTS ARE PEOPLE WHO ARE AFLAME WITH THE HOLY SPIRIT;  
THEY KEEP GOD'S FIRE BURNING IN THE CHURCH.  
WHEN WE ARE CLOSE TO THEM, IT IS EASY TO PRAY."  
YOUCAT #497



Along with providing positive examples we can pray to the saints for their intercession, for them to pray for us in our own lives. Many people will choose saints who they identify with and ask for their help, guidance and prayers. Saints also have patronages such as St Patrick being the patron saint of Ireland, St Cecilia being the patron saint of musicians and St Anthony of Padua being the patron saint of missing things.



Pope Francis ✓  
@Pontifex

To be saints is not a privilege for the few, but a vocation for everyone.

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Anybody can be a saint. As Catholics we are all called to live lives that seek to be holy and always aware of God's presence in our world. The formal process of becoming a saint is guided by the Vatican and requires testimony and proven miracles to have the Church recognise someone as a saint. What we must understand however is that everyone who is in heaven is a saint as they are there because they are people of faith and love for God.

"NOT ALL SAINTS HAVE THE SAME SORT OF HOLINESS.

NOT ALL HAVE THE SAME PATH.

BUT ALL ARRIVE AT GOD."

- ST JOHN VIANNEY